



LOVE YOUR HEART:

PREVENTION AND REVERSAL OF HEART DISEASE

Innovative Concepts From:



DR. DAVID PAWSAT
Wellness Physician
9:00 AM — *Why Heart Disease?*



DR. ALICIA WILLIAMS
Wellness Cardiologist
9:30 AM — *Heart Disease Prevention and Reversal*



DR. SUSAN MAPLES
Total Health Dentist
10:30 AM — *Oral Disease and the Heart*



CHRIS JOHNSON
Health & Performance Expert
11:30 AM — *Nutrition and the Power of Feeling Your Best*



KURT SCHOLLER
Meditation/Stress Specialist
12:30 PM — *Meditation and Stress Management*



JILL MARLAN
Physical Therapist
1:30 PM — *Your Chest Pain May Not be Your Heart*

PLUS:

HEART DISEASE RELATED SCREENINGS OFFERED

- Carotid intima-media thickness
- Periodontal disease screening
- A1C diabetes screening
- Nutrition coaching
- Hypertension screening
- Hands-on science for children



5.12.18

SATURDAY 9:00 AM - 3:00 PM

University Club of MSU, 3435 Forest Rd, Lansing, MI 48910
Tickets & details: loveyourheartevent.eventbrite.com

Tickets: \$20 advance; \$25 day-of
Families welcome! Free admission for 16 years and younger
Questions? Contact us at loveyourheartevent@gmail.com